

Epidemiology of hepatitis B and C in the European Union/European Economic Area

Erika Duffell European Centre for Disease Prevention and Control October 27th 2022

Burden of hepatitis B and C in the EU/EEA



Estimated numbers with chronic infection

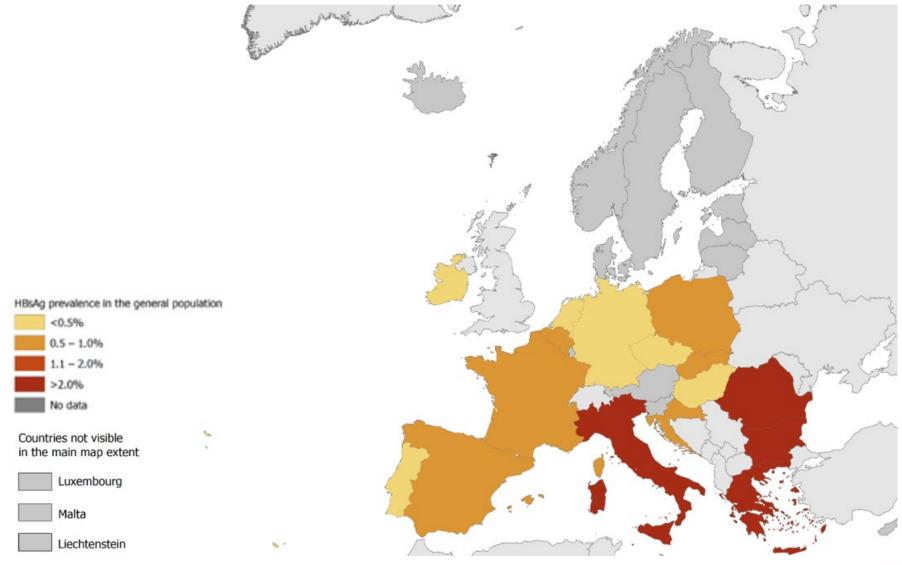
3.6 million people living with chronic HBV(2016 estimate)

2.4 million people living with chronic HCV(2022 estimate)

Variation in disease burden across countries and between different population groups

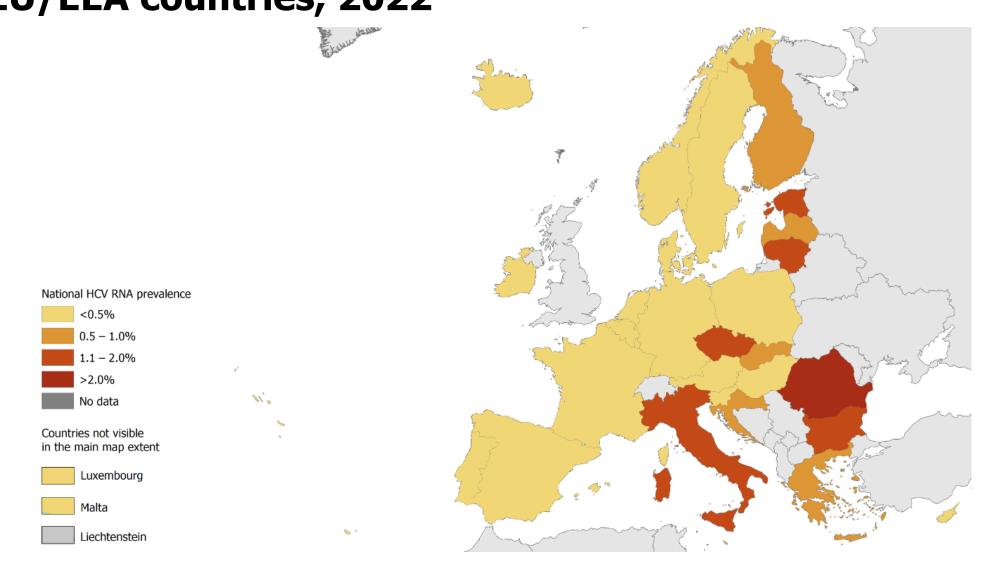
Hepatitis B (HBsAg) prevalence (%) in the adult general population in the EU/EEA





Hepatitis C (RNA) prevalence (%) in the overall population (49) in EU/EEA countries, 2022





Prevalence of hepatitis B and C in different population groups

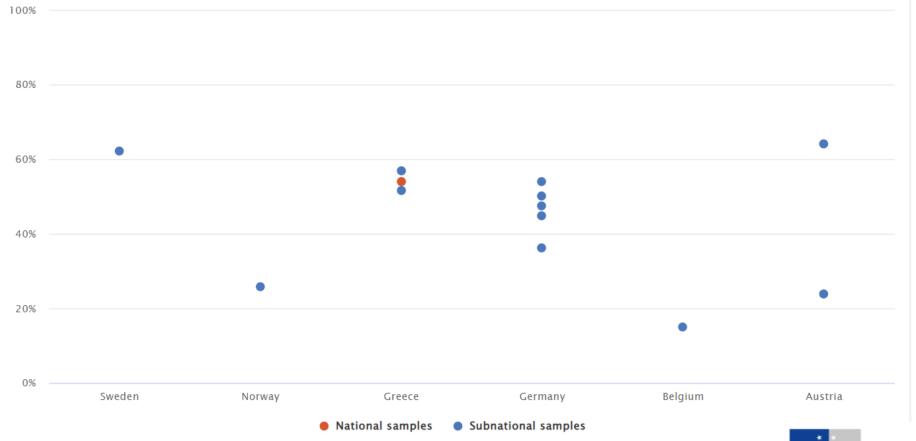


Hepatitis B (HBsAg prevalence)	Hepatitis C (anti-HCV)
Migrant populations 0.9 - 31.7%	People who inject drugs 15.4 – 96.8% (RNA prevalence 15.0 – 64.2%)
People who inject drugs 0 - 16.9%	People in prison 2.3 – 82.6%
People in prison 0.3 - 8.3%	Migrant populations 0 – 16.8%
Men who have sex with men 2.3 - 4.3%	Men who have sex with men 0.6 – 4.8%

People who inject drugs: HCV-RNA prevalence



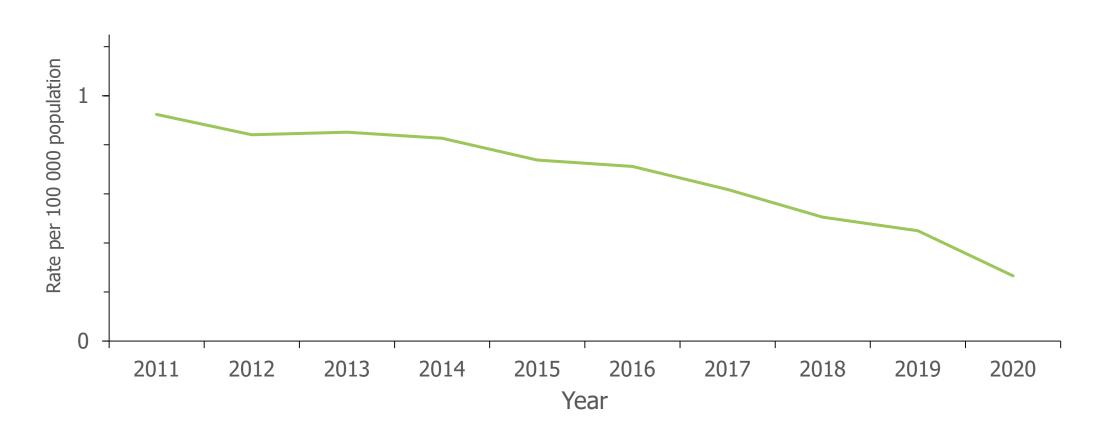
Prevalence of current HCV infection (HCV RNA+) among people who inject drugs, by country, 2019 or latest available data



Hepatitis B incidence



Notifications of newly diagnosed cases of acute hepatitis B provide proxy data on incidence



Hepatitis C incidence



Declining overall incidence reported by many countries following control of blood transfusion and iatrogenic transmission in 1990s

Further declines reported following introduction of harm reduction

Incidence highest among **PWIDs**

Declining trends seen in some countries

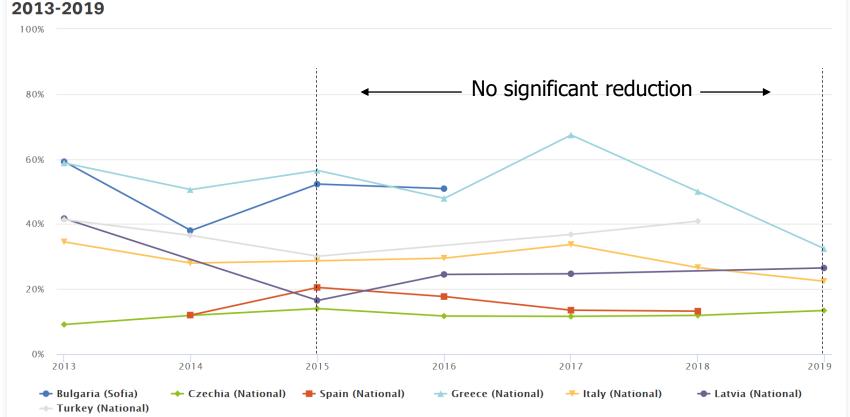
Incidence also high among **MSM**

- Highest among HIV positive MSM, then MSM who are HIV-negative on PrEP (HIV preexposure prophylaxis), then HIV negative men not on PrEP
- Recent declines among HIV infected MSM related to widespread availability of direct acting antivirals in Netherlands

Proxy for hepatitis C incidence: trends in anti-HCV prevalence among young PWID (<25 years)



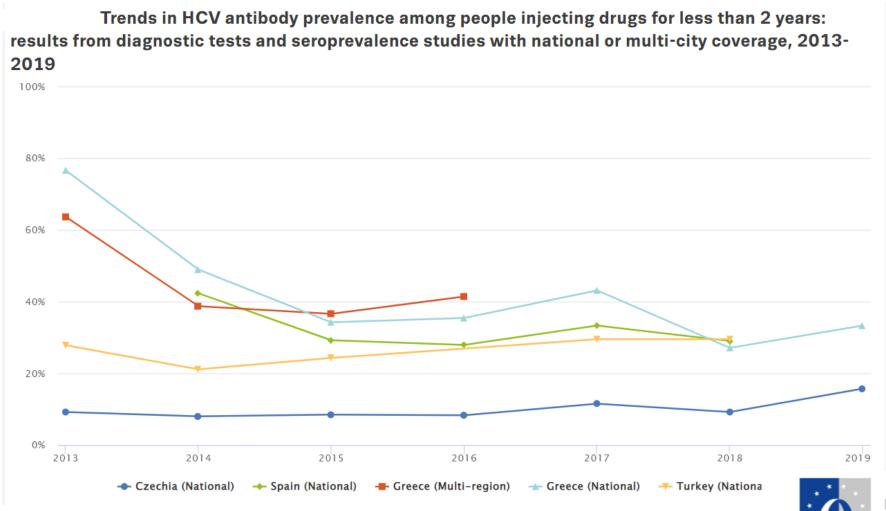
Trends in HCV antibody prevalence among people who inject drugs aged less than 25 years: results from diagnostic tests and seroprevalence studies with national or multi-city coverage, 2013-2019





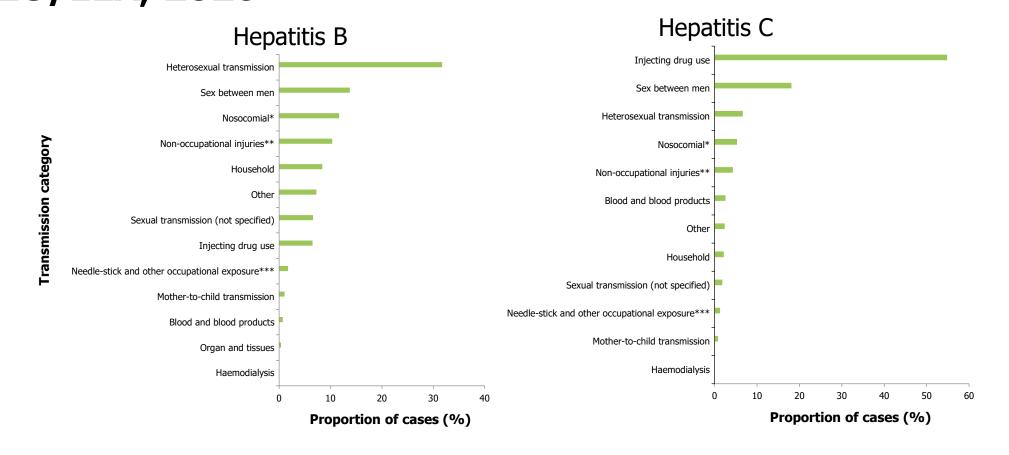
Proxy for hepatitis C incidence: trends in anti-HCV prevalence among new PWID (injected less than 2 years)





Transmission category of acute hepatitis B and C cases, EU/EEA, 2020





Source: European Centre for Disease Prevention and Control (ECDC). Hepatitis B: Annual Epidemiological Report for 2020; European Centre for Disease Prevention and Control (ECDC). Hepatitis C: Annual Epidemiological Report for 2020.

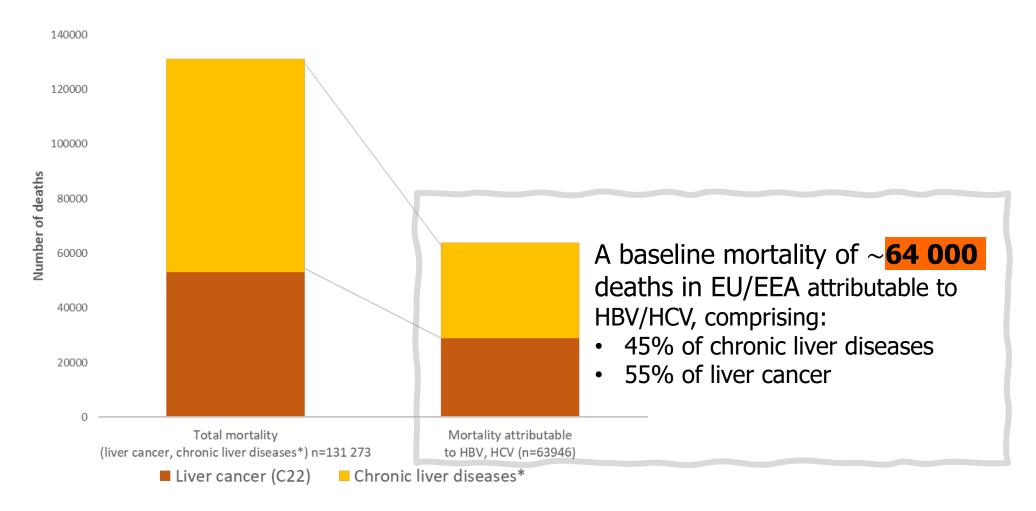
^{*} Nosocomial refers here to patient infections in healthcare settings

^{**: &#}x27;Non-occupational injuries' include needle sticks that occur outside a health care setting, bites, tattoos, piercings

^{***} Occupational exposure includes needle-stick and other occupational injuries

Mortality attributable to HBV and HCV in EU/EEA and UK in 2015





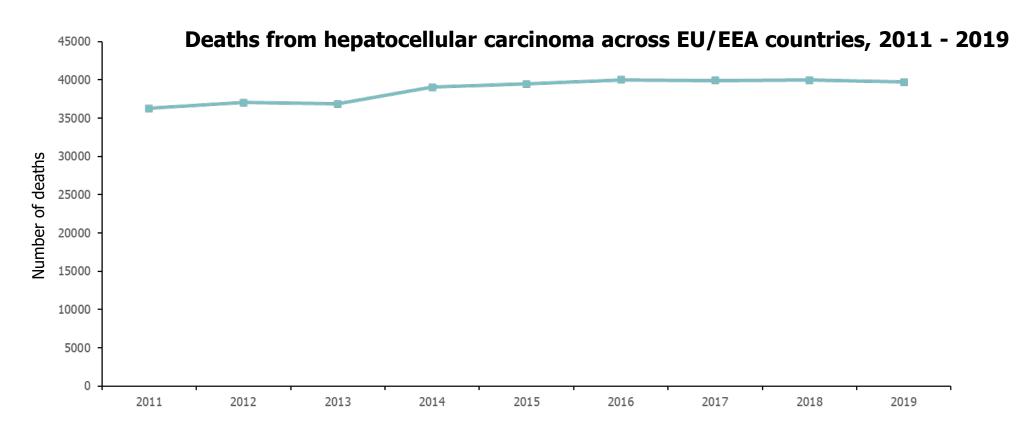
*(B18-B18.9, I85-I85.9, I98.2, K70-K70.3, K71.7, K74-K74.9, K75.2, K75.4-K76.2, K76.4-K76.9, K77.8)

Mortality data extracted from Eurostat, May 2021. The 2015 baseline includes 5275 deaths attributable to HBV/HCV from the UK.

Source: Mardh O et al. 2020 Infectious Diseases

Mortality due to viral hepatitis B and C in the EU/EEA over time





No decrease in total mortality from liver cancer and chronic liver diseases at EU/EEA level 2011 – 2018

Mortality from **liver cancer** continue to **increase**

Hepatitis B and C among migrant populations



ECDC report in 2016 to estimate burden of hepatitis B and C among migrant populations in Europe

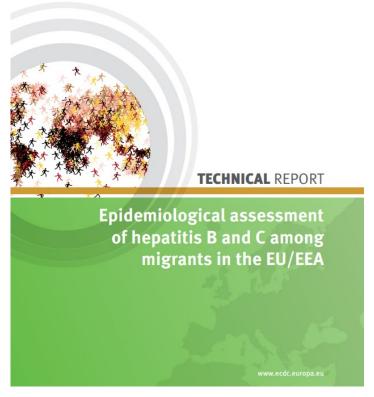
Based on:

- Number of migrants in EU countries
- Prevalence in country of origin

Estimated 25% of the chronic hepatitis B burden in the EU/EEA was among migrant populations and for hepatitis C this was 14%

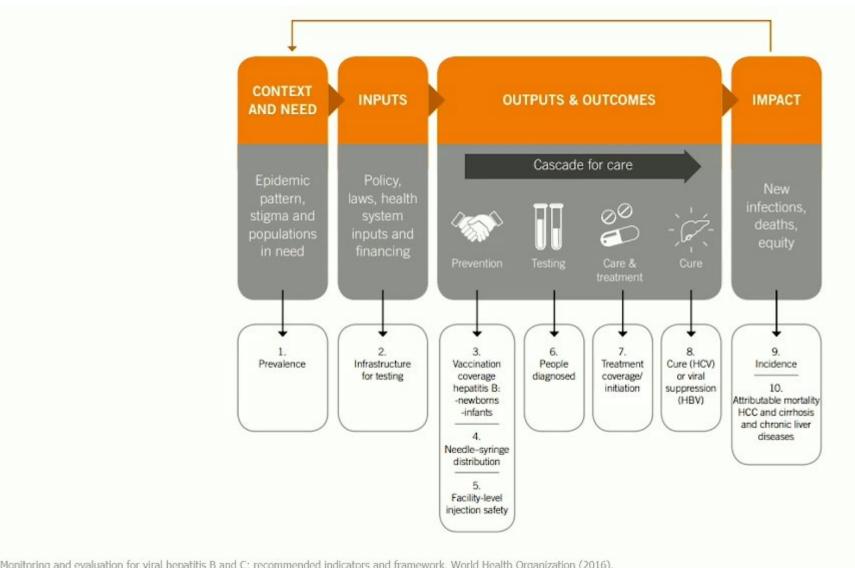
The proportion of migrants in the total population at that time was considerably lower (5%)





Monitoring and evaluation framework for hepatitis B and C

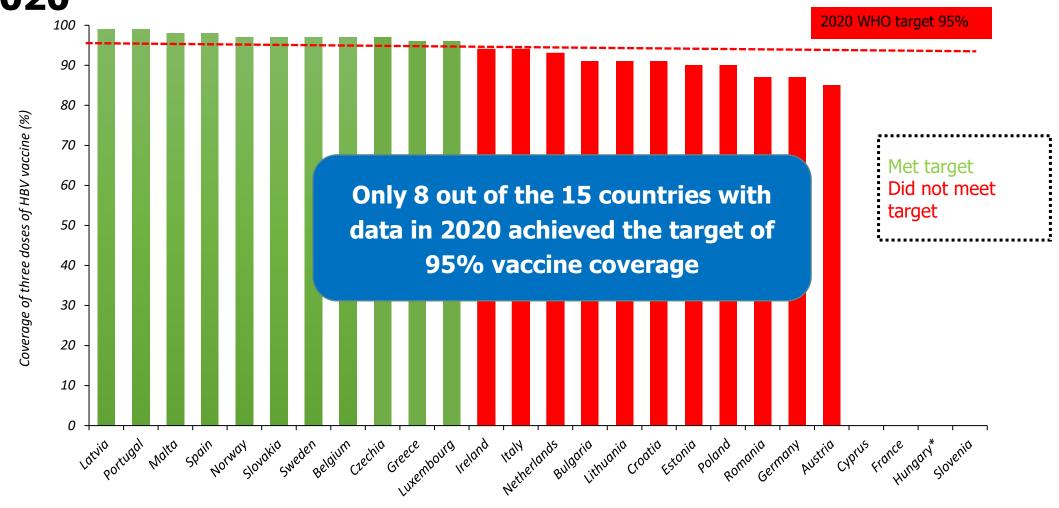




Monitoring and evaluation for viral hepatitis B and C: recommended indicators and framework, World Health Organization (2016). https://apps.who.int/iris/bitstream/handle/10665/204790/9789241510288_eng.pdf?sequence=1&isAllowed=y

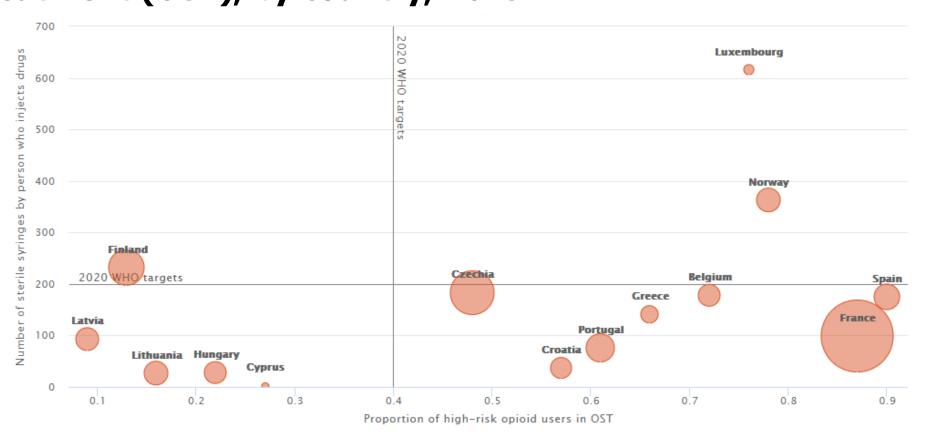
Coverage (%) of three doses of HBV vaccine in EU/EEa countries that implement universal HBV vaccination in 2020





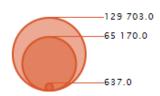
Number of sterile syringes distributed per person who injects drugs and proportion of high risk opioid users in opioid substitution treatment (OST), by country, 2019*





Only two of the 14 countries with data have reached the combined prevention targets

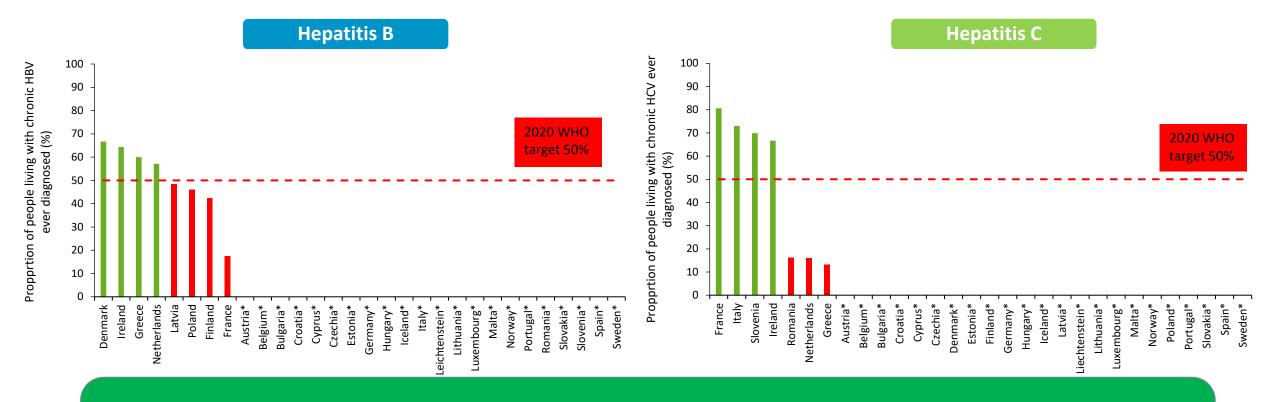
Number of people who inject drugs



^{*} Or most recent year.

Proportion people living with chronic HBV and HCV in EU/EEA countries, diagnosed by the end of 2020**





- Considerable variation across the region
- Variation in quality of the data with many countries unable to adjust HCV data for cases as they are treated and cured

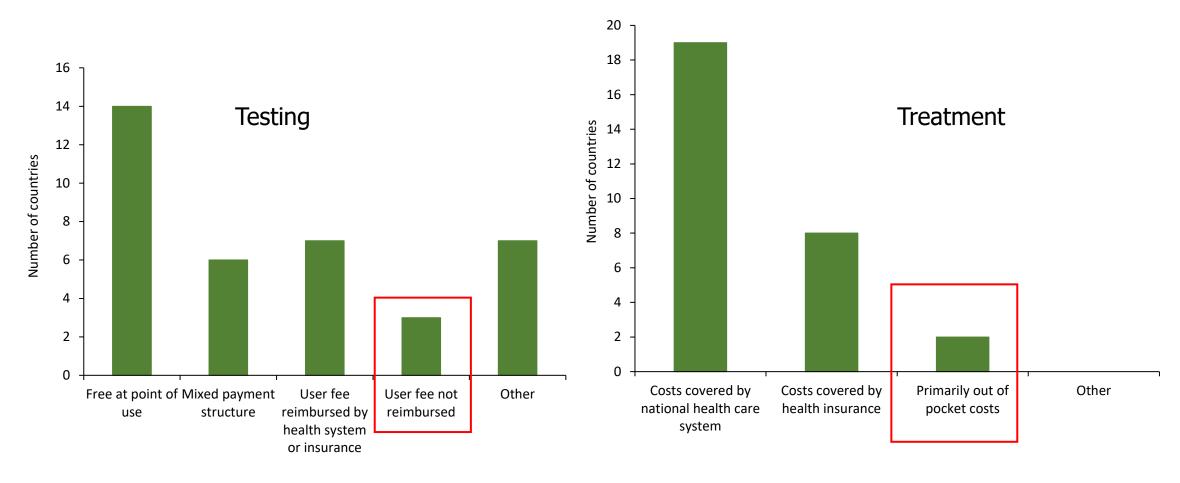
Source: ECDC. Monitoring the responses to hepatitis B and C epidemics in the EU/EEA Member States, 2022.

^{*} Country did not provide data in monitoring survey.

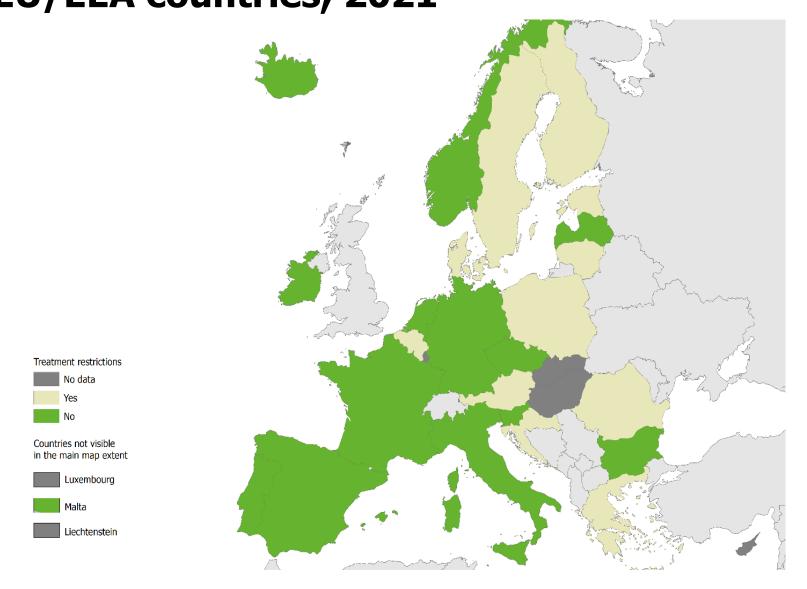
^{**2020} or most recent year with available data.

Coverage of financial costs relating to HBV and HCV testing and treatment in EU/EEA countries, 2021





Existence of restrictions on access to HBV/HCV treatment in EU/EEA countries, 2021

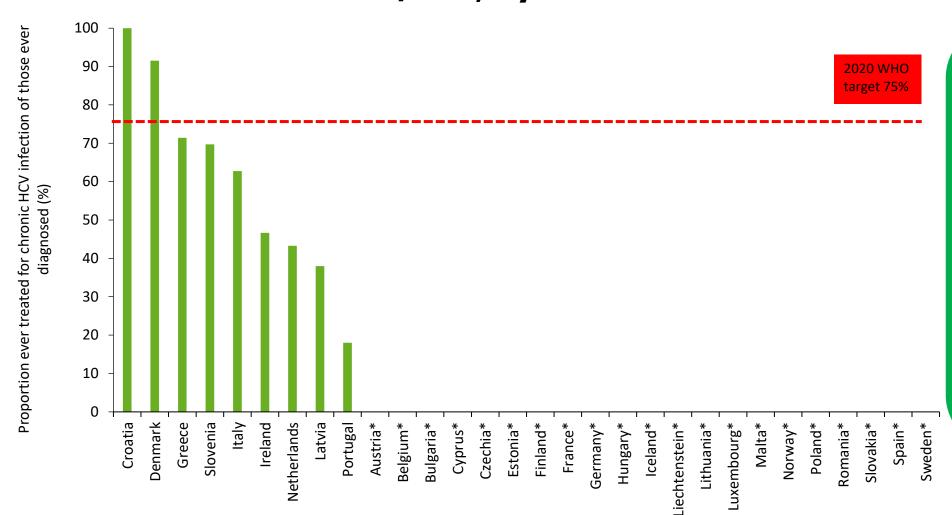


12 of the 26 responding countries reported restrictions on access for:

- Undocumented migrants (9 countries)
- current injectors (3 countries)
- former injectors (1 country)
- Other (1 country).

Proportion ever diagnosed with chronic HCV infection who were ever treated in the EU/EEA, by the end of 2020**





- Data lacking
- No country providing data achieved the 2020 targets:
 - > 90% of diagnosed HBV patients linked to care
 - > 75% treatment coverage of people with HBV

Source: ECDC. Monitoring the responses to hepatitis B and C epidemics in the EU/EEA Member States, 2022.

^{*} Country did not provide data in monitoring survey.

^{**2020} or most recent year with available data

Acknowledgements



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